

Sports Team Training Schedule - Girls
(MOVAHEDI Sport Hall)

Row	Sports Names	Coach	Day	Time
1	Volleyball	Ms. Sa'ee	Monday	14 -16
2	Basketball	Ms. Asadooriyan	Monday	12 - 14
4	Futsal	Ms. Sharifi	Monday	12 - 14
5	Ping Pong	Ms. Baloochi	Tuesday	12- 14
6	Badminton	Ms. Yaghini	Wednesday	12 - 14
7	chess	Mr. Kheiri	Sunday	12 – 13:30
8	Dodgeball	Ms. Nazari	Tuesday	12 - 14
9	Track and Field	Ms. NadeAli	Sunday	12:30 – 14:00
10	Physical Fitness	Ms. NadeAli	Sunday	12:30 – 14:00
11	Swimming	Ms. Haghani	Tuesday	12 – 13:30
12	Shooting	Mr. Ghaseesen	Monday	12:30 – 14:30
13	Darts	Ms. Salmani	Tuesday	12 - 14
14	Bodybuilding	Ms. Kaviani	Saturday – Monday - Wednesday	12 - 14

- On Saturdays, Mondays, Wednesdays, from 12:00 to 2:00 PM, the Movahedi Sports Hall is exclusively for the use of female students.
- Practices are held only for talent identification, technique improvement, and the university team.

- Students can enter the hall with a special card that they must receive from the Physical Education Department.