

**Course Title:** Psychology for Medical Students

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## COURSE PLAN

Level: Under Graduate	Major: Medicine Department of Medicine
Course Code:	University Professor or Faculty member:
Prerequisite: Nil	Credit Units: 2 Hours Weekly Theory
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**(The Main Purpose of this Course):**

To learn basic psychological concepts and their application in medicine. After undergoing this course, medical students acquire basic understanding of the psychological and behavioural processes that influence both health and illness, and people's responses to threats and well-being. Each person is a unique mix of thoughts, emotions, personality, behaviour patterns, and their own personal history and experiences. Having a thorough understanding of the psychological aspects of medicine and health has become ever more important to ensure that patients receive excellent care and treatment.

**Assessment Methods:**

Assessment	Score From 20
Mid Exam (Theory)	5
Final Exam	12
Practical Exam	0
Assignments:	3
Total Marks	20

Student's Responsibilities: (1) Physical Presence, (2) Review of Previous Lectures, (3) Preparing Reading Materials, (4) Compete with other fellow colleagues (through written exam, quiz etc.)

**Main References (Text Books):**

Ayers S & Visser R. (2018). Psychology for Medicine & Healthcare, Sage Publication, London.

**References for More Reading:**

1. Ogden J.(2007), Health Psychology ( A Textbook). Open University Press, MCGraw-Hill Education, England.
2. Ayers S. Baum A. etal.(20070), Cambridge Handbook of Psychology, Health and Medicine. Cambridge University Press.

<b>Sessions</b>	<b>Main Topic</b>	<b>Method of Presentation</b>
<b>1</b>	<b>Scope of Psychology in Medicine</b>	<b>Lecture, Case Examples</b>
<b>2</b>	<b>Bio-Psycho-Social Model</b>	<b>Lecture</b>
<b>3</b>	<b>Perception &amp; Imaging</b>	<b>Lecture, Case Examples</b>
<b>4</b>	<b>Motivation</b>	<b>Lecture, Case Examples</b>
<b>5</b>	<b>Emotion</b>	<b>Lecture, Case Examples</b>
<b>6</b>	<b>Thinking &amp; Reasoning</b>	<b>Lecture, Case Examples</b>
<b>7</b>	<b>Intelligence (IQ, EQ,SQ)</b>	<b>Lecture, Case Examples</b>
<b>8</b>	<b>Psychological Development</b>	<b>Lecture, Case Examples</b>
<b>9</b>	<b>Social Development</b>	<b>Lecture, Case Examples</b>
<b>10</b>	<b>Conflict &amp; Frustration</b>	<b>Lecture, Case Examples</b>
<b>11</b>	<b>Defense &amp; Coping Mechanisms</b>	<b>Lecture, Case Examples</b>
<b>12</b>	<b>Family &amp; Community Mental Health</b>	<b>Lecture, Case Examples</b>
<b>13</b>	<b>Mental Health Problems</b>	<b>Lecture, Case Examples</b>
<b>14</b>	<b>Psychosocial Interventions</b>	<b>Lecture, Case Examples</b>
<b>14</b>	<b>Communication Skills-I (Doctor-Patient Relationship)</b>	<b>Lecture, Case Examples</b>
<b>15</b>	<b>Communication Skills-I (Doctor-Patient Relationship)</b>	<b>Demonstration</b>

