

Course Plan:
Principles of Health Services

Semester : First	Academic Year: 2024-2025
Level: basic	Major: MD, MBBS
Course Title: Principles of Health Services	Department: Community Medicine and Family Physician
Course Code: 1364019	University Professor: Dr. Parastoo Golshiri MD,MPH
Prerequisite: non	Time of Class : Saturday 2-4 pm(Iran Time)
E-mail: golshirip@gmail.com	Tel: +98 311 7928114

Office Address : Community Medicine and Family Physician , School of Medicine

The General Purpose of the Lesson:

Topics covered in this course include basic principles of health; concepts of health and disease, levels of prevention, health education and promotion and primary health care and

Learning Outcomes (Objectives):

- Describe the concepts of health and disease
- Describe the concepts of causation and control
- Describe the Concept of disability and rehabilitation
- Understand the importance of prevention
- Explain the levels of prevention
- Describe the elements and principles of primary health cares
- Comprehend the concept of health education and health promotion
- Describe health service delivery systems in Iran
- Explain the International health

Assessment Methods:

(The Assessment Methods that will be Used to Test Students Learning outcomes & the Skills & Competencies Stated in learning Outcomes)

Assessment	Score From 20
Final Exam	17
Assignments:	3
Total Marks	20

<p>Main References (Text Books):</p> <ul style="list-style-type: none"> • Mangala Subramanian, Handbook of Community Medicine, Jaypee Brothers Medical Publishers, 2012 <p>References for More Reading:</p> <ul style="list-style-type: none"> • Related articles that uploaded in Navid System
<p>Student's Responsibilities:</p> <ul style="list-style-type: none"> • Students should do their assignments after studying the materials. • Students are expected to complete the home works before the next class so each home work has limited time to give back and answers will not accept out of the defined time. • Students should work individually on assignments. • All assignments should be typed. • All students must take the final exam
<p>Teaching Method:</p> <p>The combination of short lectures, interactive group discussions, and case-based learning will be used to engage students and enhance practical understanding of the topics.</p> <p>Also for easy access of the study materials for students, all the slides and reference book and other materials will be uploaded in Navid system.</p>

NO of Session	Main Topic	Teacher's Name
1	Introduction to health and concept of health	Dr. golshiri
2	Dimensions of health and concept of disease	Dr. golshiri

3	Health indicators	Dr. golshiri
4	concept of causation	Dr. golshiri
5	Risk factors and spectrum of disease	Dr. golshiri
6	Concept of control	Dr. golshiri
7	Concept of prevention and levels of prevention	Dr. golshiri
8	Concept of disability and rehabilitation	Dr. golshiri
9	Concept of health care , levels of health care and health care systems	Dr. golshiri
10	Health education and Health promotion	Dr. golshiri
11	Examples of health promotion and health education in the community medicine department	Dr. golshiri
12	International health	Dr. golshiri
13	Mental health	Dr. golshiri
14	Health care system in Iran	Dr. golshiri
15	Exam preparation and questions and answers	Dr. golshiri